

## Mondays to Fridays

Romford Station	0555	0625	0657	0718	0732	0745	0758	0813	0828	0843	0858	0916	0930	1500
Romford Market	0557	0627	0659	0720	0735	0748	0801	0816	0831	0846	0901	0919	0933	1503
Romford Parkside Hotel	0600	0630	0702	0723	0739	0752	0805	0820	0835	0850	0905	0923	0937	1507
Collier Row Clockhouse Lane	0605	0635	0707	0729	0745	0758	0811	0826	0841	0856	0911	0929	0943	1513
Marks Gate RollerBow	0609	0639	0655	0711	0727	0734	0750	0803	0816	0831	0846	0901	0916	1516
Hainault Old Hainault Oak	0614	0644	0700	0716	0732	0739	0755	0808	0821	0836	0851	0906	0921	1521
Hainault Station	0621	0651	0707	0723	0740	0747	0803	0816	0829	0844	0859	0914	0929	1528
Barkingside Fullwell Cross	0625	0655	0711	0727	0746	0753	0809	0822	0835	0850	0905	0920	0935	1533
Gants Hill Station	0632	0702	0718	0734	0754	0801	0817	0830	0843	0858	0913	0928	0942	1541
Ilford Station	0636	0706	0722	0738	0801	0808	0824	0837	0850	0905	0920	0935	0948	1548
Ilford Hainault Street (X)	0639	0709	0725	0741	0804	0811	0827	0840	0853	0908	0923	0938	0951	1551
Then every 15 minutes until														
Romford Station	1514	1529	1543	1558	1613	1629	1644	1659	1714	1729	1744	1801	1819	2333
Romford Market	1517	1532	1547	1602	1617	1633	1648	1703	1718	1733	1748	1805	1823	2335
Romford Parkside Hotel	1521	1536	1552	1607	1622	1638	1652	1707	1722	1737	1752	1809	1827	2338
Collier Row Clockhouse Lane	1527	1542	1558	1613	1628	1644	1658	1713	1728	1743	1758	1815	1833	2343
Marks Gate RollerBow	1530	1546	1602	1617	1632	1649	1703	1718	1733	1748	1803	1820	1836	2347
Hainault Old Hainault Oak	1535	1551	1607	1622	1637	1654	1708	1723	1738	1753	1808	1825	1841	2352
Hainault Station	1542	1558	1614	1629	1644	1701	1715	1730	1745	1800	1815	1832	1848	2359
Barkingside Fullwell Cross	1548	1604	1620	1635	1649	1706	1720	1735	1750	1805	1820	1837	1852	0003
Gants Hill Station	1556	1612	1628	1642	1656	1713	1727	1742	1757	1812	1827	1844	1859	0010
Ilford Station	1603	1619	1635	1649	1703	1720	1734	1749	1804	1819	1834	1849	1904	0014
Ilford Hainault Street (X)	1606	1622	1638	1652	1706	1723	1737	1752	1807	1822	1837	1852	1907	0017
Then every 30 minutes until														

## Saturdays

Romford Station	0633	0703	0733	0803	0833	0903	0916	0933	0945	0956	1007	1019	1031	1043	1055	1107
Romford Market	0635	0705	0735	0805	0835	0906	0919	0938	0950	1001	1013	1025	1037	1049	1101	1113
Romford Parkside Hotel	0638	0708	0738	0808	0838	0909	0922	0942	0954	1005	1017	1029	1041	1053	1105	1117
Collier Row Clockhouse Lane	0643	0713	0743	0813	0843	0914	0927	0949	1001	1013	1025	1037	1049	1101	1113	1125
Marks Gate RollerBow	0647	0717	0747	0817	0847	0906	0918	0931	0941	0953	1005	1017	1029	1041	1053	1105
Hainault Old Hainault Oak	0652	0722	0752	0822	0852	0911	0923	0936	0946	0958	1010	1022	1034	1046	1058	1110
Hainault Station	0659	0729	0759	0829	0859	0918	0930	0943	0953	1005	1017	1029	1041	1053	1105	1117
Barkingside Fullwell Cross	0703	0733	0803	0833	0903	0922	0934	0947	0957	1009	1021	1033	1045	1057	1109	1121
Gants Hill Station	0710	0740	0810	0840	0910	0929	0941	0954	1005	1018	1030	1042	1054	1106	1118	1130
Ilford Station	0714	0744	0814	0844	0914	0933	0945	0958	1012	1025	1037	1049	1101	1113	1125	1137
Ilford Hainault Street (X)	0717	0747	0817	0847	0917	0936	0948	1001	1015	1028	1040	1052	1104	1116	1128	1140
Then every 12 minutes until																
Romford Station	1119	1131	1143	1155	1207	1219	1231	1243	1255	1307	1319	1331	1343	1355	1407	1419
Romford Market	1125	1137	1149	1161	1173	1185	1197	1209	1221	1233	1245	1257	1309	1321	1333	1345
Romford Parkside Hotel	1129	1141	1153	1205	1217	1229	1241	1253	1305	1317	1329	1341	1353	1405	1417	1429
Collier Row Clockhouse Lane	1137	1149	1161	1173	1185	1197	1209	1221	1233	1245	1257	1309	1321	1333	1345	1357
Marks Gate RollerBow	1141	1153	1165	1177	1189	1201	1213	1225	1237	1249	1261	1273	1285	1297	1309	1321
Hainault Old Hainault Oak	1146	1158	1210	1222	1234	1246	1258	1310	1322	1334	1346	1358	1410	1422	1434	1446
Hainault Station	1153	1205	1217	1229	1241	1253	1305	1317	1329	1341	1353	1405	1417	1429	1441	1453
Barkingside Fullwell Cross	1157	1209	1221	1233	1245	1257	1309	1321	1333	1345	1357	1409	1421	1433	1445	1457
Gants Hill Station	1206	1218	1230	1242	1254	1306	1318	1330	1342	1354	1406	1418	1430	1442	1454	1506
Ilford Station	1213	1225	1237	1249	1261	1273	1285	1297	1309	1321	1333	1345	1357	1409	1421	1433
Ilford Hainault Street (X)	1216	1228	1240	1252	1304	1316	1328	1340	1352	1404	1416	1428	1440	1452	1504	1516
Then at these minutes past each hour																
Romford Station	03	33	63	93	123	153	183	213	243	273	303	333	363	393	423	453
Romford Market	05	35	65	95	125	155	185	215	245	275	305	335	365	395	425	455
Romford Parkside Hotel	08	38	68	98	128	158	188	218	248	278	308	338	368	398	428	458
Collier Row Clockhouse Lane	13	43	73	103	133	163	193	223	253	283	313	343	373	403	433	463
Marks Gate RollerBow	17	47	77	107	137	167	197	227	257	287	317	347	377	407	437	467
Hainault Old Hainault Oak	22	52	82	112	142	172	202	232	262	292	322	352	382	412	442	472
Hainault Station	29	59	89	119	149	179	209	239	269	299	329	359	389	419	449	479
Barkingside Fullwell Cross	33	03	33	63	93	123	153	183	213	243	273	303	333	363	393	423
Gants Hill Station	40	10	40	70	100	130	160	190	220	250	280	310	340	370	400	430
Ilford Station	44	14	44	74	104	134	164	194	224	254	284	314	344	374	404	434
Ilford Hainault Street (X)	47	17	47	77	107	137	167	197	227	257	287	317	347	377	407	437

## Sundays and Public Holidays

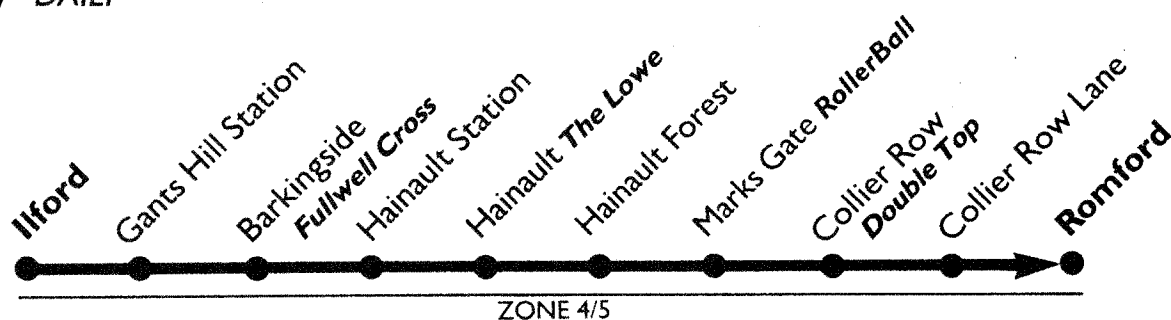
Romford Station	0832	0909	0934	1002	1032	02	32	2202	2232	2302						
Romford Market	0836	0913	0938	1006	1036	06	36	2206	2236	2306						
Romford Parkside Hotel	0802	0839	0916	0941	1009	09	39	2209	2239	2309						
Collier Row Clockhouse Lane	0809a	0846a	0920	0945	1013	13	43	2213	2243	2316a						
Marks Gate RollerBow	0924	0949	1017	1047	1117	17	47	2217	2247							
Hainault Old Hainault Oak	0928	0953	1021	1051	1121	21	51	2221	2251							
Hainault Station	0934	0959	1027	1057	1127	27	57	2227	2257							
Barkingside Fullwell Cross	0938	1003	1031	1101	1131	31	01	2231	2301							
Gants Hill Station	0945	1010	1039	1109	1139	39	09	2239								
Ilford Station	0949	1014	1044	1114	1144	44	14	2244								
Ilford Hainault Street	0951	1016	1046	1116	1146	46	16	2246								

a - Time at Collier Row White Hart Lane.

X - Certain buses continue to Seven Kings Garage.



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## Mondays to Fridays

Ilford Hainault Street (X)	0647	0701	0717	0731	0742	0757	0812	0827	0842	0857	12	27	42	57	1542	1557		
Ilford Station	0650	0704	0720	0734	0746	0801	0816	0831	0846	0901	16	31	46	01	1546	1601		
Gants Hill Station	0656	0710	0726	0740	0753	0808	0823	0838	0853	0908	Then at these minutes past each hour	23	38	53	08	1553	1609	
Barkingside Fullwell Cross	0703	0717	0733	0747	0801	0816	0831	0846	0901	0916		31	46	01	16	1601	1617	
Hainault Station	0707	0721	0738	0752	0806	0821	0836	0851	0906	0921		36	51	06	21	1606	1622	
Hainault Old Hainault Oak	0713	0728	0745	0759	0813	0828	0843	0858	0913	0928		43	58	13	28	UNTIL	1613	1629
Marks Gate RollerBowl	0718	0733	0750	0804	0818	0833	0848	0903	0918	0933		48	03	18	33	1618	1634	
Collier Row Clockhouse Lane	0722	0738	0755	0809	0823	0838	0853	0908	0923	0937	52	07	22	37	1622	1638		
Romford North Street Garage	0728	0745	0802	0816	0830	0845	0900	0915	0930	0943	58	13	28	43	1628	1645		
Romford Market	0732	0749	0806	0820	0834	0849	0904	0919	0934	0946	01	16	31	46	1631	1648		
Romford Station	0736	0753	0810	0824	0838	0853	0908	0923	0937	0949	04	19	34	49	1634	1651		

Ilford Hainault Street (X)	1611	1626	1641	1656	1711	1727	1743	1759	1816	1836	1907	1940	10	40	2340	
Ilford Station	1615	1630	1645	1700	1715	1731	1747	1803	1820	1840	1911	1943	13	43	2343	
Gants Hill Station	1623	1638	1653	1708	1723	1739	1755	1811	1828	1846	1917	1949	19	49	2349	
Barkingside Fullwell Cross	1631	1646	1701	1716	1731	1747	1803	1819	1836	1853	1924	1956	26	56	2356	
Hainault Station	1636	1651	1706	1721	1736	1752	1808	1824	1841	1858	1929	2000	30	00	2400	
Hainault Old Hainault Oak	1644	1659	1714	1729	1744	1800	1816	1832	1848	1905	1936	2006	36	06	UNTIL	0006
Marks Gate RollerBowl	1649	1704	1719	1734	1749	1805	1821	1837	1853	1910	1941	2011	41	11	0011	
Collier Row Clockhouse Lane	1654	1709	1724	1739	1754	1810	1826	1842	1858	1915	1945	2015	45	15	0015	
Romford North Street Garage	1701	1716	1731	1746	1801	1817	1833	1848	1921	1951	2021	2051	51	21	0021	
Romford Market	1704	1719	1734	1749	1804	1820	1836	1851	1924	1954	2024	2054	54	24	0024	
Romford Station	1707	1722	1737	1752	1807	1823	1838	1853	1926	1956	2026	2056	56	26	0026	

## Saturdays

Ilford Hainault Street (X)	0610	0640	0710	0740	0810	0832	0844	0855	0907	0919	0931	0944	0954	1005	1016	1028	1040	1052
Ilford Station	0613	0643	0713	0743	0813	0835	0847	0858	0910	0922	0934	0947	0957	1008	1020	1032	1044	1056
Gants Hill Station	0617	0647	0717	0747	0817	0839	0851	0902	0914	0926	0938	0951	1003	1015	1027	1039	1051	1103
Barkingside Fullwell Cross	0624	0654	0724	0754	0824	0846	0858	0910	0922	0934	0946	0959	1012	1025	1037	1049	1101	1113
Hainault Station	0628	0658	0728	0758	0828	0850	0902	0914	0926	0938	0950	1003	1016	1029	1041	1053	1105	1117
Hainault Old Hainault Oak	0634	0704	0734	0804	0834	0856	0908	0920	0932	0944	0956	1009	1022	1035	1047	1059	1111	1123
Marks Gate Roller Bowl	0639	0709	0739	0809	0839	0901	0913	0925	0937	0949	1001	1014	1027	1040	1052	1104	1116	1128
Collier Row Clockhouse Lane	0643	0713	0743	0813	0843	0905	0917	0929	0941	0953	1005	1018	1031	1044	1056	1108	1120	1132
Romford North Street Garage	0649	0719	0749	0819	0849	0911	0923	0935	0947	0959	1011	1024	1037	1050	1102	1114	1126	1138
Romford Market	0652	0722	0752	0822	0852	0914	0926	0938	0950	1002	1014	1027	1040	1053	1105	1117	1129	1141
Romford Station	0654	0724	0754	0824	0854	0917	0929	0941	0953	1005	1019	1032	1045	1058	1110	1122	1134	1146
Ilford Hainault Street (X)	1104	1116			1704	1716	1728	1740	1753	1812	1842		12	42			2342	
Ilford Station	1108	1120			1708	1720	1732	1744	1757	1815	1845		15	45			2345	
Gants Hill Station	1115	1127			1715	1727	1739	1751	1804	1819	1849		19	49			2349	
Barkingside Fullwell Cross	1125	1137			1725	1737	1749	1801	1811	1826	1856		26	56			2356	
Hainault Station	1129	1141			1729	1741	1753	1805	1815	1830	1900		30	00			2400	
Hainault Old Hainault Oak	1135	1147			1735	1747	1759	1811	1821	1836	1906		36	06			2406	
Marks Gate Roller Bowl	1140	1152			1740	1752	1804	1816	1826	1841	1911		41	11			2411	
Collier Row Clockhouse Lane	1144	1156			1744	1756	1808	1820	1830	1845	1915		45	15			2415	
Romford North Street Garage	1150	1202			1750	1802	1814	1826		1851	1921		51	21			2421	
Romford Market	1153	1205			1753	1805	1817	1829		1854	1924		54	24			2424	
Romford Station	1158	1210			1758	1807	1819	1831		1856	1926		56	26			2426	

## Sundays and Public Holidays

Ilford Hainault Street						0909	0941	1011	1040	10	40	2240						
Ilford Station						0912	0944	1014	1044	14	44	2244						
Gants Hill Station						0916	0948	1018	1049	19	49	2249						
Barkingside Fullwell Cross						0922	0954	1024	1055	25	55	2255			2315b			
Hainault Station						0926	0958	1028	1059	29	59	2259			2321			
Hainault Old Hainault Oak						0932	1004	1034	1105	35	05	2305			2327			
Marks Gate Roller Bowl						0937	1009	1039	1110	40	10	2310			2332			
Collier Row Clockhouse Lane						0814a	0851a	0941	1013	44	14	2314	2321a	2336				
Romford North Street Garage						0821	0858	0946	1018	49	19	2319	2328	2341				
Romford Market						0824	0901	0949	1021	52	22	2322						
Romford Station						0827	0904	0952	1024	56	26	2326						

a - Time at Collier Row White Hart Lane.

b - Time at Barkingside Chequers.

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